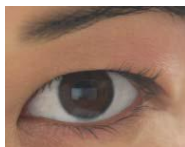


Get His Attention by Admiring Him

Three main traits to admire are his physical, mental and spiritual attributes. But, how can we admire him? Below, are a few ways to express your admiration for him.



1. Watch him: Take time to observe him. This will give you a chance to see him in action so you can note his masculine traits. Keep a note in your head or write things down about him that you have observed. If you do not see anything masculine, chances are he may not see feminine things about you either. However, once you get used to looking for the masculinity in men, you will find it. Every man has some masculine trait. One of the most attractive things to a man is an extremely feminine woman. She is the opposite of him and he loves the difference. I will repeat it again, *“he loves the difference.”*



2. Listen: Hear what he has to say. Notice how he is saying it. Is he excited or have deep concerns, or is he just talking for the sake of someone listening to him. Now, don't just listen on the surface. Search his soul by listening to the man. If you are just listening only to what he is saying, he may sense that. So, by searching his soul and admiring him, what he has to say, how he is saying it; the masculine movements of his hands, his head, the way he is sitting, standing etc.- You have grabbed his attention. Some good ways of listening are to respond by nodding your head with good eye contact. You can say words such as, “oh really, wow, you're kidding, oh my goodness, that's interesting, get out, you're the man; you go (name), you got it going on;” or a simple “yes” or “no.” Say these with meaning. Take a breath of surprise. Please do not fake these expressions. Be honest and try your best to listen.

If he is boring, look deep into what he is saying by observing him. You may not find him boring. Ask him questions about himself, things he likes to do, places he has visited or would like to visit. This will help you to discover things he likes to do and will keep the boredom away.

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Also, take a note and listen to those who know him. Hear what they are saying about him. This may help you to know the kind of person he is so that you can better admire him.



3. **Divulge:** Allow him to divulge. In other words, allow him to reveal who he is by confiding in you. You can do this by attaining his trust. First, tell him something about you. Do not hog the conversation. Be careful what you tell him about yourself if you do not know him well enough. Allow him to trust you by peering into his soul and showing much interest in what he is saying. Do not laugh at him, laugh with him. **Show admiration for what he is saying.** Be attentive and in awe of him. Please, do not be a phony. If you are faking, it is best to move on to someone else. Men do not like to talk about their innermost thoughts, fearing that they will not be accepted or laughed at. Be careful how you react to what he is saying. Men are very attentive to your reactions.

Sometimes men put other men down to make themselves feel good. He may experience this at work or in a group of men. If he finds a woman who will not put him down and admires his masculinity constantly, it will be easier for him to open up to her.

Do not try to give him advice about his situation. If he needs advice, he will ask and then be careful of your advice. Do not give advice that will make him feel less of a man or stupid. Do not question why he did what he did or he should have known better. Do not cut him off while he is speaking. Allow him to finish his sentences. If you are used to cutting people off while they are speaking, it is a good idea to make yourself aware of this annoying habit and stop it. Don't be critical of yourself or him. Think positively and look for the good in him. Please do not spread what you have heard about him to others. If he finds out you will lose his trust.

Admiration



4. **Tell him:** Don't be afraid to let him know you admire his masculinity. He will adore you for telling him. Whenever he helps you lift something, i.e. boxes, groceries, furniture, etc., let him know you appreciate a strong man like him helping you. More than likely he will appreciate what you said. If he looks like someone who works out at the gym or home, you may ask him or say something simple like, "You look like someone who works out or lifts weights. You look great." Men usually appreciate when a woman notices their physique. There are many complimentary things you could say, regarding their intelligence, spirituality or physique. Please do not flatter and say something that is not true. Look for masculine traits and be honest. If you are afraid to say something, you may lose out on an opportunity to get his interest.



Admiration



4. When a woman admires a man, he feels care and tenderness towards her. This gives him a wonderful feeling of being a man. He wishes to be in her presence all the time so he can feel this way.

When a man's masculinity is put down, ignored or ridiculed, it hurts him tremendously. This is very true for boys and teens also. Remember that a man loves to feel masculine. He is proud of his God given masculinity. It is very important to him. In fact, that is one of the main characteristics that allows him to be a man. When women destroy that masculine feeling it can hurt men so deeply that they turn from their women and look elsewhere.

